

No Panic Member's Price List

Code	Product	Price
ME1	New Membership	£ 25.00
ME2	Membership Renewal	£ 20.00
BF1	Befriending Group Payment	£ 10.00
TSS1	Telephone Recovery Group	£ 20.00
TSS2	One to One Mentoring Service	£ 25.00
TSS3	Youth Mentoring	£ 5.00
TSS4	Non-Member's Mentoring	£ 55.00
TSS5	Fast Track Mentoring	£ 45.00
HTG	Helpline Training Group Deposit	£ 25.00
CD's		
ACD1	Muscle Relaxation	£ 10.00
ACD2	Weather	£ 10.00
ACD3	Agoraphobia	£ 10.00
ACD4	Carers	£ 10.00
ACD5	O.C.D	£ 10.00
ACD7	Crisis Message	£ 5.00
ACD8	No Panic's Anxiety Recovery: The Tools	£ 10.00
DVD's		
DVD1	Social Phobia	£ 12.50
DVD2	O.C.D	£ 8.00
DVD3	Vomit	£ 4.00
DVD4	Agoraphobia and Panic	£ 12.50
Books		
B1	Written Recovery Programme for Phobias	£ 10.00
B2	Written Recovery Programme for O.C.D	£ 10.00
B3	Coping Panic and Phobias	£ 6.99
B4	O.C.D The Facts	£ 11.00
B5	Panic or No Panic	£ 5.00
B6	A Ray of Hope	£ 2.00
B7	Coping with O.C.D	£ 6.50
B8	Anxiety Disorders in Focus	£ 3.00
B9	Overcoming Panic and related Anxiety Disorders	£ 6.50
B10	Overcoming Panic and Agoraphobia	£ 10.00
B11	Overcoming Anxiety	£ 10.00
B12	Overcoming Health Anxiety	£ 10.00
B13	Overcoming Feelings of Depersonalization & Feelings of Unreality	£ 10.00
B14	Overcoming Social Anxiety and Shyness	£ 10.00
B15	Overcoming Body Image Problems including Body Dysmorphic Disorder	£ 10.00
B16	Taking Control of O.C.D	£ 9.00
B17	Overcoming Obsessive Compulsive Disorder	£ 10.00
B18	The Anxiety Survival Guide for Teens	£ 12.99
B19	Panic Workbook for Teens	£ 12.99